Welcome to our e Newsletter for 2014
Welcome to our e-newsletter for Nerang State School. Our e-newsletter will be published fortnightly; and aims to provide a wide range of interesting updates and items of interest for our school community.
A hard copy of our e-newsletter is also available on request from the school office

I have been thrilled with the welcome that Nerang SS and its students have offered me and am excited about working with students, staff and parents here as we learn, play and grow. I would like to thank and acknowledge the work of Mrs Gosling during the first half of the year. There is a sound foundation in place across the school to build on success. The focus on reading, behaviour and refurbishment will continue.

Kylie Todhunter

NAPLAN
NAPLAN results have been mailed to schools and we are expecting them to arrive any day now. The NAPLAN tests complement school assessments of literacy and numeracy and are written with reference to the national Statements of Learning for English and the Statements of Learning for Mathematics. Parents of students in year 3, 5 and 7 will shortly receive a report that outlines their student’s performances compared with the national minimum standard and other students across Australia in the same grade. If parents have any questions or concerns they should contact their child’s teacher.

BOOK WEEK
In Week 5 we celebrated BOOK WEEK. Highlights were a visit from author Pat Flynn, a visit from staff from the local Nerang Library and finally, the highlight, a dress up parade on Friday. At a special assembly, two finalists from every class paraded on stage and were judged by a panel of teachers. The three place getters received a book and a certificate. The winners were: First place – Manuel H 4A; Second Place – Jackson L 4A; Third Place – Emme-Lei C 1A. We all had so much fun.

GALA DAY #2
Monday 1 September is the second of three Gala Sports Days. Students from Years 5, 6 and 7 will participate in: League Tag, Cricket, Netball and T-Ball. The children have been coached by Mr Houston, Mrs Ryvachuk, Mrs Harvey and Mrs Kennaugh. The students will play against local schools and are sure to have a fun, competitive day. Thanks to Mr Smith for organizing this wonderful opportunity for our students. Final payment of $10.00 is due this Wednesday 27 August.

EISTEDDFODS
Last week and continuing this week we have had groups of children participating in the annual Gold Coast Eisteddfod. On Wednesday night the Beginner Band scored a Commended from the judges. Congratulations Beginner Band. This week the Beginner Strings and Senior Strings will perform. Thanks to Jo Byrnes, Music Teacher, Donna Futo, Strings Teacher and James Henshaw, Instrumental Teacher, for their work in teaching the students their instruments and for preparing the students for this event.
PREP INFORMATION SESSION
A Prep Information Session will be held on Wednesday 3 September. This meeting will be held in the Kitchen Classroom at 9:30am. If you have a child who turns 5 by June 30 2015, they are eligible to attend Prep. Please let other family and friends know this information.

MENTAL HEALTH WELLBEING
Social and emotional wellbeing has been linked to young people’s school outcomes, their social development and their capacity to contribute to the workforce and the community.

Stress
Everyone is affected by stress and reacts to it in different ways. We all experience both “good stress” and “bad stress.” Good stress is that optimal amount of stress that results in our feeling energized and motivated to do our best work. Bad stress occurs when our coping mechanisms are overwhelmed by the stress and we do not function at our best. Stress can become distress when we are unable to cope.

Causes of Stress
At Home - Stress can occur through a lack of family routines, over-scheduling, prolonged or serious illness, poor nutrition, change in the family situation, family strife or abuse, or unclear or unreasonable expectations.
At School - Stress can come from an unstructured classroom, unclear or unreasonable expectations, or fear of failure.
Peer Related- Stress can be a result of having to deal with a bully, fitting in with the crowd, or moving to a new community/school.
Stress tends to be additive in nature and with children can result in inappropriate behaviours, academic difficulties, or health problems.

Symptoms of Stress in Children and Adolescents
* Irritability or unusual emotionality.
* Sleep difficulty or nightmares.
* Inability to concentrate.
* Drop in grades or other functioning.
* Toileting or eating concerns.
* Headaches or stomach aches.
* Unexplained fears or increased anxiety (that also can take the form of clinging).
* Regression to earlier developmental levels.
* Isolation from family activities or peer relationships.
* Drug or alcohol experimentation.

How Parents Can Help
• Be aware of your child’s behaviours and emotions.
• Build trust with your child and be available and open to talk with your child.
• Encourage the expression of feelings; teach and model good emotional responses.
• Have clear expectations and consistent, positive discipline.
• Encourage healthy and diverse friendships.
• Encourage physical activity, good nutrition, and rest.
• Teach your child to problem solve.
• Use encouragement and natural consequences when poor decisions are made.
• Help your child select appropriate extracurricular activities and limit over-scheduling.
• Keep your child aware of anticipated family changes.
• Help your child feel a part of decision-making when appropriate.
• Monitor television programs that could worry your child and pay attention to the use of computer games, movies, and the internet.
• Make children aware of the harmful effects of drugs and alcohol before experimentation begins.
• Monitor your own stress level. Take care of yourself.
• Contact your child’s teacher with any concerns and make them part of the team available to assist your child.
• Seek the assistance of a physician, school psychologist, or school counsellor if stress continues to be a concern.

Dates to Remember:
Wednesday 27th August – Senior Strings Eisteddfod
Friday 29th August – Gold Coast Show Day Holiday
Monday 1st September – Gala Day
Wednesday 3rd September – Prep Information Session

Have a great fortnight,
Mrs Todhunter and Mrs Whybird

FROM THE OFFICE

CENTREPAY OPTION
Nerang State School encourages the use of the Centrelink Centrepay option. Centrepay is a free direct bill-paying service offered to customers receiving Centrelink payments. Through Centrepay you can choose to pay bills by having a regular amount deducted from your payments and transferred electronically to the school account. These payments can then be credited to your students account to pay for their Student Resource Levy, camps/excursion and other related fees. Please ask at the school office for further information.

CANBERRA TRIP
For those students attending the Canberra Trip, final payment is now overdue. Final payment must be finalised this week or please contact the Business Service Manager on 5581 4777 to discuss this payment.

YEAR 5 CAMP
Year 5 students will have the opportunity to attend the Sport and Leadership Excellence Camp later in the year. This camp will cost $110.00 which covers bus, food, accommodation, activities and use of the camp’s facilities and equipment. A $50.00 deposit is required by Friday 5 September to indicate if your child will be attending. Please look out for the note that was sent home last week.

EXCURSIONS

<table>
<thead>
<tr>
<th>Excursion</th>
<th>Date</th>
<th>Cost</th>
<th>Payment Due Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gala Day Years 5, 6 &amp; 7</td>
<td>Monday 1 September</td>
<td>$10.00</td>
<td>Wednesday 27 August</td>
</tr>
<tr>
<td>Year 5 Camp</td>
<td>Thursday – Friday 13 – 14 November</td>
<td>$50.00 Deposit</td>
<td>Friday 5 September</td>
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FROM THE TUCKSHOP/UNIFORM SHOP

UNIFORM SHOP
Winter jackets are now in stock at a cost of $35.00. Orders can be placed through the Tuckshop with the correct money or the Uniform Shop on Monday, Tuesday, Wednesday and Thursday afternoons from 2.10 – 2.50pm or Tuesday mornings from 8.00 – 9.00am.

FATHER’S DAY STALL
Donations are now being accepted for the up and coming Father’s Day Stall. Can all donations please be sent to the Tuckshop? A class attendance timetable will be sent out closer to the date.

SCHOOL FETE
Our school fete will be held on Saturday 13 September. We are seeking volunteers to help on the BBQ on the day. If you can spare anytime on the day to help, please let Melissa or Michelle in the tuckshop know. Donations for clean glass jars with lids are also required for our Prep classes. Please look out for more exciting fete news coming soon.
We celebrated our NAIDOC day on Monday the 11th of August. We were fortunate to have 12 special guests from Vietnam visit us on the same day.

Our NAIDOC day started out with a special assembly with Aunty Pat Leavy doing the Welcome to Country and giving a special mention to all our brave Aboriginal and Torres Strait Islander men and women who have served in our armed forces.

Year 4A did a wonderful performance of our national anthem in the Yugumbeh Language. The Gowonda Jarjums performed 2 dances one a welcoming dance and the other Merriganpa, the dance of the sea eagle. The boys also did themselves proud by playing the didgeridoo.

Our Vietnamese visitors were very impressed with what our Jarjums have achieved with their dance and didge playing. Some of the men had a go at playing the didge and quickly realised how difficult the didgeridoo is to play.

After assembly the whole school had many activities to enhance the day: Uncle Paul Croft with his boomerang & spear throwing; Simon and Jacinda with their art classes and Billie Edwards with her fabulous talk on the history of aboriginal people in Nerang and the Gold Coast.

I myself was very proud how our whole school embraced the day and our Jarjums for helping our Vietnamese visitors feel very welcomed.

Vicki Pieper
Do you have a query about your child’s communication? This may be related to *speech* (the number of words used, how they’re put together or their clarity) *understanding* (ability to recognise words or follow instructions) *social behaviour* (playing appropriately with others or relating to people at home or elsewhere)

*Speech pathologists* help with problems in these areas as well as providing information on how to *avoid* certain difficulties. Our work includes the following: stuttering, chewing and swallowing problems, voice production, literacy difficulties and *MORE, and* across the age range from birth through to old age.

If you have any questions or would like to find out more about *speech pathology* there’s an information session **this FRIDAY** at Nerang Library from 10.30 till 12 noon. 2 local speech pathologists will be there – Yvette Dempsey & Mary Hughes. For more information, please email Yvette on demjo83@gmail.com.au
Friday Family Night

5pm till 9pm
Country Paradise Parklands
231 Beaudesert Nerang Rd
Nerang

Last Friday of every month

Fireplace & live music

Bar
No BYO please

Food Stalls

Slot Cars

Coffee

Like us on Facebook
Transition to school
Forum for educators and parents

Starting school is a significant moment for children and their families, and the changes that take place as children start school can be both exciting and challenging.

In this interactive presentation Kay and Michele will:
- Discuss research findings related to the transition to school
- Explore challenges for children as they commence school
- Share strategies for supporting transition and adjustment to school
- Provide an overview of the Inala to Ipswich Ready Together-Transition to School Program model and the Starting School resources
- Share examples of transition to school programs that are making a difference in local communities

Click on the date below to register
Cost: $49pp or 2 for $85

Royal Pines Resort
Ross Street, Gold Coast
Monday 25 August – 6.30pm-9.00pm

Mackay Grand Suites
9 Gregory St, Mackay
Tuesday 26 August – 6.30pm-9.00pm

Springwood Towers
9 Murrajong Rd, Springwood
Wednesday 27 August – 6.30pm-9.00pm

Victoria Park Golf Complex
Herston Rd, Herston
Thursday 28 August – 6.30pm-9.00pm

City Golf Motel, Toowoomba
254 South Street, Toowoomba
Saturday 30 August – 2.30pm-4.30pm

Lake Kawana Community Centre
114 Sportsman Parade, Bokarina
Monday 1 September – 6.30pm-9.00pm

Rydges Tradewinds, Cairns
137 The Esplanade, Cairns
Tuesday 2 September – 6.30pm-9.00pm

Ass Prof Kay Margetts
Kay Margetts is Associate Professor in Early Childhood Studies in the Melbourne Graduate School of Education at the University of Melbourne.
Kay has undertaken significant research and published widely in the area of children’s transition and adjustment to school. She is a founding member of an international research group focusing on children’s transitions, and founding editor of the International Journal of Transitions in Childhood. Kay regularly provides professional development to schools and early childhood services around transition and adjustment to school.

Michele Binstadt
Michele is employed by C&K to coordinate the Ready Together – Transition to School Program – a partnership between Mission Australia’s Communities for Children (Inala to Ipswich) and C&K. Michele has a background in psychology and early childhood education.
Nerang Scout Group

Come along to the biggest Garage Sale in Nerang!

FUNDRAISING

Grab A Bargain!

Tell Your Friends!

Where: Nerang Scout Den

When: Sat. 23rd August 2014 7:30am - 3:00pm

Lots of items for sale: Furniture (desks, beds, shelves)
Appliances, Clothes, Toys, & lots of Bric-a-brac!

Enquiries:

Also Accepting Donations of Sale Items (in good condition)

Danielle - 0402 562 093 OR
Email- nerangscouts1@bigpond.com

Address: 3 Hope Street, Nerang


Parking available off street on Hope St. (Velodrome car park) & surrounding roads. Vehicle entry to Den can be arranged for Furniture loading only.
Surfers Paradise Nippers
Taking new members NOW

Information and sign on

Dates
Sunday 24/8
Sunday 31/8
Sunday 14/9

Meeting at Nerang Pool (Martin St) at 7am then back to the surf club by 9.00am for surf swim at 9.30am.

Please bring printed Get Started Vouchers to sign-on.
Family Membership $250
(2 adults + 2 children)

For more information contact
admin@surfersparadiseslsc.com.au
5531 5966

Find us on Facebook Surfers Paradise Nippers

FREE parking available!!
CURRUMBIN VALLEY

SPRING FESTIVAL

14th SEP 2014: 9.30am – 2.00pm

LIVE MUSIC – BEER TENT

FREE ENTRY ~ MARKET STALLS ~ FOOD ~ PLANTS
ROCK CLIMBING ~ ANIMAL FEEDING ~ JUMPING CASTLE

STALL HOLDERS WANTED – from $10

1226 Currumbin Creek Rd, Currumbin Valley
(Opposite the Currumbin Rock Pools)
PH: 5533 0312 - info@currumbinfarmschool.eq.edu.au
Saturday, 13 September
10 am to 2 pm
on the School Oval

First Fete Newsletter

In just seven weeks our School will open the gates to the whole Nerang community for a school fete! Our fete committee has already been working hard to get things happening and now its time to share the plans with you, our parents and friends. We'd love you to help where you can and make sure you put this special event of the family calendar.

Class Stalls
Classes and their fantastic teachers are buzzing with talk of their class stall - all the favourites will be there:
- Prep 1: Lolly Jars
- Prep 2: Face painting
- 1A & B: Craft
- 2A: Lucky Dips
- 2B: Plants
- 3A & 4B: Cakes & Sweets
- 3B & 3/4A: Bubble wands
- 4A: Fairy Floss & Snow Cones
- 5A: Chocolate bed
- 5B: Sponge Throw
- 6/7A & 6/7C: Trash & Treasure
- 6/7B & 6/7D: 2nd Hand Books, CDs & DVDs stall

Please check with your child’s teachers if you can lend a hand with preparations. If you can help the class on the day please indicate this on the tear off slip at the bottom of this newsletter.

Rides
We've got some great rides booked....
All day ride passes will be $25 if purchased before the fete, $30 on the day of the fete. Tickets for individual rides are $5 each. Might be a good time to get the kids saving or organize a reward chart so they can 'earn' some pocket money to buy their ride pass. Passes will be on sale from mid August, plenty of time before the fete. Just get the kids saving up!

Craft & Cooking
For those talented folk who like to create or cook, we’d love to hear from you with promises of donations. Perhaps grandparents or family friends might like to help too – please ask them.
Bakes goods need to have a list of ingredients attached.

If you’re crafty but don’t have time you may have some great patterns or ideas to share – we’d love them! Donations of craft materials are welcome. We will find the willing hands to put them to use.

Bring the whole family...
Tell the neighbours...
Invite friends and extended family...
FUN FOR EVERYONE!

School Band, Strings and Choir
All our instrumental students and choir will perform at the fete. If your children are involved in these programs please continue to encourage them to practise and attend rehearsals. Music teachers will be preparing programs for the Gold Coast Eisteddfod and our fete – both these events will be magnificent opportunities to showcase our talents.